

MEASUREMENT TIPS FOR THE INDIGO BIRDCAGE GOWN

* **Back Shoulder Width** (cm or inches) - Shoulder points A to B



BACK SHOULDER WIDTH: First, locate your shoulder points – this is where your shoulder begins curving down to your arm. Then, have your helper measure your shoulder width by starting at your left shoulder point and slightly curving the tape measure along the ridge at the top of your shoulders and stopping at your right shoulder point.

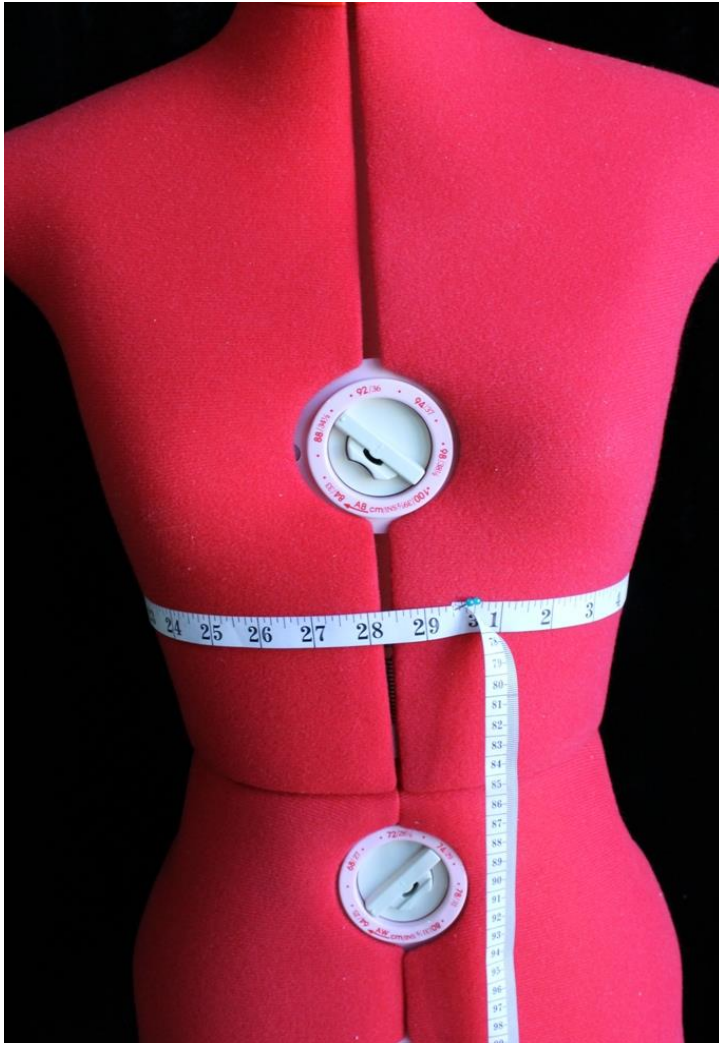
* **Neck Circumference** (cm or inches) - Wrap a tape measure around the base of your neck.

* **Bust** (cm or inches)



BUST: Your bust size is the circumference of the fullest part of your chest. Wrap a tape measure over this part with your bra on.

* **Underbust** (cm or inches) - Just Underneath your bust



UNDERBUST: Your underbust is the circumference of the part of your upper body that is just under your bust around your rib cage. Wrap a tape measure right around this part.

* **Natural Waist** (cm or inches) - Smallest part of your body between your bust and hips



WAIST: Your waist is the circumference of what is often the smallest part of your body roughly midway between the bust and the hips. A useful way to measure your waist is to gently bend side to side to find the 'crease' that your body creates. Then wrap a tape measure around that 'crease' line, and you have your waist measurement!

* **Hips** (cm or inches)



HIPS: Your hips is the circumference of the fullest part of your pelvic region. Wrap a tape measure right around this part.

* **Waist to Floor** (cm or inches)



WAIST TO FLOOR MEASUREMENT: Measure from your natural waist right down to the floor. If you'll be wearing heels with your gown, be sure to take this measurement with your heels on [In the example above, her waist to floor measurement is 43 inches].

Your skirt hemline will be made longer than your 'waist to floor measurement.' The design of the winged propellers gown opens out to form a heart-shape on the floor with a trail, and would therefore not suit those looking for a floor-length gown that 'just' about reaches floor-length!

* **Your Height** (cm) - i.e. how tall you are